



Beragh Red Knights

ANNUAL 5 MILE RUN & WALK



16th April 2011

12pm Start

from St Mary's Park, Beragh

£10 Entry Fee
Under 12's Free

Registration at St Mary's Park Sports Pavilion:
Friday 15th April 7-10pm
Saturday 16th April 9.30 - 11.30am *
To pre-register please email your details

For further information please contact:
Mark - 07889 725 640 / Una - 07792 171 186
Email: beraghrun@gmail.com
www.beraghrun.com





Beragh Red Knights

ENTRY FORM

TITLE: Mr/ Mrs / Ms / Miss / Other _____

SURNAME: _____ FORENAME: _____

ADDRESS: _____

COUNTY: _____ POSTCODE: _____

EMAIL: _____

WOULD YOU LIKE YOUR RUN TIMED? YES NO

CLUB (If Applicable): _____

Please select the appropriate category from the list below:

- | | |
|---------------------------------------|-------------------------------------|
| <input type="radio"/> Female Open | <input type="radio"/> Male Open |
| <input type="radio"/> Female 35+ | <input type="radio"/> Male 35+ |
| <input type="radio"/> Female 50+ | <input type="radio"/> Male 50+ |
| <input type="radio"/> Female Under 18 | <input type="radio"/> Male Under 18 |

All competitors acknowledge that they will be running entirely at their own risk and that (to the extent permitted by the Unfair Contract Terms Act 1977) the organisers will not be liable for loss or damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from negligence, wrongful act or default of the organisers, their employers or agents or from any other course including any act of God or the physical condition of the competition.

YOU MUST SIGN TO AGREE WITH THE ABOVE CONDITIONS

SIGNATURE: _____

* £10 Registration before 16th April, Registration on the day £12